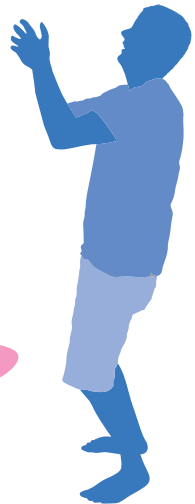




# Safety Advice for Carers of Children Aged 8-17



The CSCB is the local statutory multi-agency body which brings together those who work to safeguard and promote the welfare of children and young people in Croydon. Our mission statement is:

“ **Croydon Safeguarding Children Board aims to safeguard Children by promoting safe practice by all involved and early intervention, as far as is possible, with children/ young people and their parents and carers.** ”

# 1

- Lead by example and inspire your child to be the best they can
- Be proud of their good choices and when they are kind
- Encourage them to be a buddy to other more vulnerable children
- Talk to them about their friends, groups and activities
- Report bullying, threatening or abusive contact from others



# 2

- When cycling or scooting always wear a helmet that fits properly
- Cycle and scoot in a safe place
- Attend a cycle safety course
- Teach your child proper road safety
- Take off headphones when crossing roads or cycling
- Avoid texting when walking or crossing roads



# 3

- Teach your child to:
- Never accept gifts or sweets from a stranger
- Never get in a car with a stranger
- Never go anywhere with a stranger
- Never go off on your own without telling your parents or a trusted adult



## 4

- Set parental controls
- Talk to your child about how to be safe online
- Know what they are accessing, posting and messaging
- Report threatening or abusive messages received



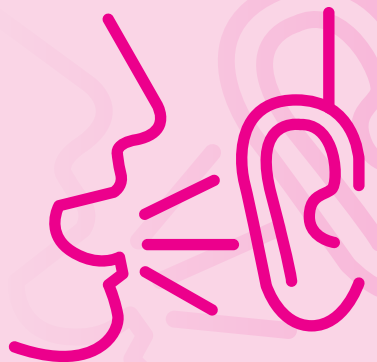
## 5

- Set parental controls
- Talk to your child about how to use a mobile phone safely
- Know who they are talking to
- Know what they are posting and messaging
- Remind them to remove headphones when crossing roads



## 6

- Understand that peer pressure may make your child do something out of character
- Talk to them about the consequences
- Ensure they know they have a choice
- Teach them strategies for turning down negative choices



# 7

- Choose Tutors or kids clubs wisely
- Ask for references and check them out
- Do they have a valid background check?
- Don't give out your home address until you have checked them out
- If you think something is wrong, report them



# 8

- Talk to your child about love and relationships
- Discuss puberty changes and body parts.
- Discuss sex and reproduction, appropriate to their age
- Discuss contraception and sexually transmitted diseases



This advice is provided by the CSCB. It is not an exhaustive list.

More information can be found on our website

[www.croydonlcsb.org.uk](http://www.croydonlcsb.org.uk)